

## **\*\*\*What to expect in 2012\*\*\***

### **- 16 GOLD**

16 Gold will be coached by Kristen Seaton. A former player at Pepperdine University and a current player at Indiana University, Kristen will be taking the team to a schedule very similar to the Red teams which will include AAU Nationals in June. The success of both the 16 Red and 14 Red in the 2011 season led us to believe this team will be competitive at AAU Nationals in 2012.

### **- 10 RED**

10 Red will be coached by Emily Kennedy. Emily has been with COA for 6 years on various teams. 10 Red will practice 2-3 times per week and most practices will run alongside the 12 Red team. This team will play for 5 months and finish on a 2 day tourney in late May or early June.

### **- CLUB RECRUITING SEMINAR**

The seminar is hosted by long time Division 1 coach and former Indiana State University Women's Head Coach, Jim Bertoli. We encourage **ANY** COA player that might be interested in playing after high school to attend, even those just starting out.

### **- SKILLS VIDEO DAY**

COA will have an afternoon video session for all Sophomore through Senior players wishing to make a recruiting skills video to send to college coaches in January. Any player that is considering playing in college should attend and make their video!!!

### **- UNIFIED TRAINING**

Unified training started last year and will be improved upon this year. We are actively working on implementing a system so that all teams are trained in a similar fashion. We want all COA players regardless of the team to have a fun but challenging volleyball experience.

- 18's, 16's, and 14's – Steve Beeler training coach
- 14's, 13's and 12's – Brian Payne training coach

### **- MAIL IN REGISTRATION**

After all forms have been filled out online, they can be mailed to:

**COA Volleyball  
22 Judith Lane  
Terre Haute, IN 47802**

This will eliminate long lines on the first tryout day! Please register early!